



Measure Your Area's Carbon Emissions

The **Energy Meter** and the instructions on how to use it are **Now Available!** You can borrow the equipment for 2 weeks (from Environmental Services, P&F, Bldg 87) record the readings in an Excel Spreadsheet which directly calculates the carbon emissions of the equipment tested, and then you can contribute your results to the Green Office Energy Database! You can also be creative and experiment with different energy modes and post the results in your area's bulletin board.



Green Office Ideas Follow-up

In last Year's Issue 21 (August 2008) we suggested having a '**Plastic Free Day**', have we made it a habit to bring our lunch wrapped in waxed paper instead of plastic wrap? Are we using cloth bags instead of plastic ones?



Our GO Rep Roz Bannan (UQ Centre) recommended an interesting documentary on plastic, please visit: <http://www.abc.net.au/iview/?qclid=CLqyptGsn5sCFUwwpAodAm6vCA#/catchup> to watch it!

Issues on Recycling

Does recycling really help? The experts in this forum: <http://www.motherjones.com/environment/2009/04/mojo-forum-recycling-waste> discuss that there is a reason why Recycling is last in the phrase '**Reduce, Reuse, Recycle**', as it should not be the only action we take.



Reducing our consumption should be first, then reusing or fixing, buying used things, reconsidering our behaviour ('do I really need this? Can I live without it?'), and finally recycling instead of sending waste to landfills or incinerators. So maybe adding more Rs to the equation: '**Reduce, Repair, Reuse, Reconsider, Recycle and Respect**' could help achieve better outcomes. You can find all types of 'Recycle' posters in the Green Office website: <http://www.pf.uq.edu.au/Ems/GrnOffPrgrm.html>.

To obtain further details you can email: recycle@pf.uq.edu.au

Current Topics to Consider: 'Water Footprint'

Considering the amount of water needed to produce our food, clothes, paper and anything we use is increasingly becoming an important issue, since water consumption rates worldwide are usually higher than water renewal rates. For an interesting discussion on this topic visit:



<http://www.motherjones.com/environment/2009/07/what-s-your-water-footprint#comment-187918>

Upcoming Events

National Tree Day Additional Events

- August 8th and 9th
- If you did not get a chance to participate on National Tree Day (August 2nd) you still can!
- <http://treeday.planetark.org/about/what.cfm> (click on '12 additional Tree Day dates')



Sustainability Day

- August 22nd, 10 am to 4pm
- Finding local solutions to global problems
- http://www.hillbrook.qld.edu.au/component/option,com_eventlist/Itemid,71/func.details/did,400/

Keep Australia Beautiful Week

- August 24th to 30th
- "Reduce your waste and help Keep Australia Beautiful": <http://www.kab.org.au/>



St Lucia Info and Update Session!!

- **August 25th**
- For all new and potential GO Reps from 9:30 to 11am. For Existing GO Reps from 10 to 11am. Bring along your friends from other areas to join the Program!
- Guest Speaker: **Dr Kelly Fielding**, from the Institute for Social Science Research UQ and CSIRO's Sustainable Ecosystems.
- She will be speaking about: '**Promoting pro-environmental behaviour: what works**', perfect for GO Reps and anyone interested in helping our work, study and living activities become more sustainable.



For further information, contact Environmental Services:

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Website: www.pf.uq.edu.au/Ems/GrnOffPrgrm.html